

Videos

Co-Parenting as Allies, Not Adversaries- <https://www.youtube.com/watch?v=nRFA1C9spko>

4 Habits of ALL Successful Relationships- <https://www.youtube.com/watch?v=o4Y5Mr8rZ9A>

What is A Healthy Relationship- https://www.youtube.com/watch?v=L0_D7ZvFh7k

A Healthy Relationship- https://www.youtube.com/watch?v=L0_D7ZvFh7k

Articles

<https://www.psychologytoday.com/us/blog/two-takes-depression/201203/the-dos-and-donts-co-parenting-well>

https://www.huffingtonpost.ca/anna-giannone/12-co-parenting-effects_b_14800270.html

https://post.ca.gov/portals/0/post_docs/publications/Building%20a%20Career%20Pipeline%20Documents/safe_harbor.pdf

Website

<https://www.5lovelanguages.com/>

<https://www.helpguide.org/articles/parenting-family/co-parenting-tips-for-divorced-parents.htm>

<https://www.oprahmag.com/life/relationships-love/a28089403/co-parenting-tips/#>

Books

Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids- Christina McGhee

Co-Parenting with a Toxic Ex: What to Do When Your Ex-Spouse Tries to Turn the Kids Against You- Amy J. L. Baker & Paul R. Fine

The 5 Love Languages of Children: The Secret to Loving Children Effectively – Gary Chapman & Ross Campbell