

Bridge Bags

at NorthPoint Health and Wellness Community Food Shelf

(Yog Mis nyuj, Kua Txiv Hmab, Txiv Ntoo, los sis Niam Mis) muab muaj Caij, thiab tsis tau them nyob rau Tsev Kho Mob NorthPoint qhov chaw pub zaub, pub mov.

Lub Hom Phiaj:

Muab (PDHM) rau cov Niam Txiv nyuam qhuav tau me nyuam mos, uas tsis tau muaj mis txaus thiab, xav tau me ntsis nyiaj siv.

Leej Twg Thiaj Tau Txais:

- Cov Me Nyuam muaj (6 weeks) uas txog lub caij los so, los yog nyuam qhua tawm Tsev Kho Mob.
- Cov Niam Txiv uas pub Niam Mis.
- Cov Niam Txiv uas muaj lwm tus (Saib Xyuas) (Tsom Kwmm), los yog koj ib txwm siv Tsev Kho Mob NorthPoint qhov chawv nqa Zaub, Mov.

Hnab:

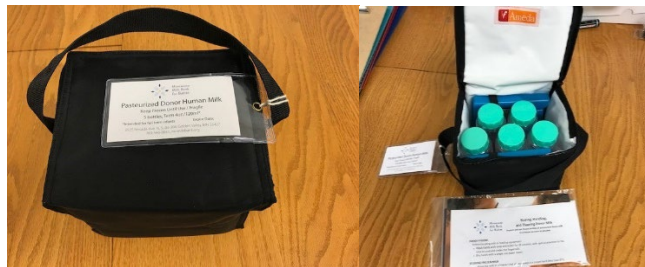
- Ib tug twg siv tau ib hnab rau ib zaug xwb. Ib lub hnab muaj txog li 20oz cov (PDHM).
- Siv tau 2 hnab rau ib tug me nyuam mos.
- Kev pab cuam, Qhia rau cov Niam Txiv uas siv Niam Mis muaj nyob tag hauv lub hnab.
- Yog koj xav tau kev pab (PDHM) kom ntau zog, Hu rau (Minnesota Milk Bank). Kom tau kev tso cai thiaj li muab tau ntau li 40oz cov (PDHM) raug li \$18/ 40oz hauv ib lub taub.

Ua Ntej Koj mus:

NorthPoint Chawv Pub Zaub, Mov / Qhov Chawv nyob

- 1835 Penn Avenue North, Minneapolis, MN 55411.
- Nres Tseb Ntawm Kev Xwb
- Phone / Xov Tooj: 612-767-9175.
- QHIB: Monday – Thursday 10am – 4pm; Hu rau peb hnuv Friday Tuaj Nqa.
- (Tuaj Hauv Tsev) Pub Zaub, Mov yuav tau mus raws tib neeg vim Kab Mob (COVID)
- Kev Pub Zaub, Mov yuav tau teev npe ua ntej thiaj nqa tau.
- Yog xav paub ntau dau mus saib

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2525 Nevada Ave. N, Suite 304 | Golden Valley, MN 55427 | 763-546-8051 | mnmilkbank.org

Our mission is to improve infant health outcomes by ensuring that medically vulnerable babies in Minnesota and the Upper Midwest to have access to safely pasteurized life-giving donor human milk when mother's milk is unavailable or in low supply.