

Bridge Bags

at NorthPoint Health & Wellness Community Food Shelf

Pasteurized donor human milk (PDHM) is available on a limited basis for no cost at NorthPoint Food Shelf as part of a pilot grant.

Purpose:

To provide PDHM to newborns as a temporary bridge for parents experiencing low milk supply and financial need.

Who is eligible:

- Babies less than 6 weeks of age who are full-term or discharged from the hospital.
- Parent who intends to breast/chestfeed or express their own milk for their baby.
- Parent, or proxy, who completes a NorthPoint Food Shelf Enrollment Form.

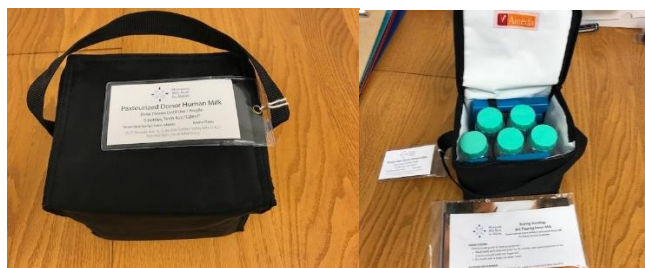
Bridge Bags:

- One bag is available per visit. Each bag has up to 20oz of PDHM.
- Up to two bags **per baby** can be dispensed.
- Resources to assist parent with breast/chestfeeding are included in the bag.
- For requests of additional PDHM contact the Minnesota Milk Bank for Babies. Prescriptions are required for more than 40oz of PDHM with a cost of \$18/4oz bottle.

Before you go:

NorthPoint Food Shelf is located at

- 2220 Plymouth Avenue North, Minneapolis, MN 55411.
- Phone is 612-767-9500.
- Open Monday – Thursday, 11am – 4pm.
- Food shelf enrollment required.
- For information about the food shelf visit [Community Food Shelf | Northpoint Health and Wellness](#)



2525 Nevada Ave. N, Suite 304 | Golden Valley, MN 55427 | 763-546-8051 | mnmilkbank.org

Our mission is to improve infant health outcomes by ensuring that medically vulnerable babies in Minnesota and the Upper Midwest to have access to safely pasteurized life-giving donor human milk when mother's milk is unavailable or in low supply.