Bridge Bags
at NorthPoint Health and Wellness Community Food Shelf

Pasteurized donor human milk (PDHM) is available on a limited basis for no cost at NorthPoint Food Shelf as part of a pilot grant.

Purpose:
To provide PDHM to newborns as a temporary bridge for parents experiencing low milk supply and financial need.

Who is eligible:
- Babies less than 6 weeks of age who are full-term or discharged from the hospital.
- Parent who intends to breast/chestfeed or express their own milk for their baby.
- Parent, or proxy, who completes a NorthPoint Food Shelf Enrollment Form.

Bridge Bags:
- One bag is available per visit. Each bag has up to 20oz of PDHM.
- Up to two bags per baby can be dispensed.
- Resources to assist parent with breast/chestfeeding are included in the bag.
- For requests of additional PDHM contact the Minnesota Milk Bank for Babies. Prescriptions are required for more than 40oz of PDHM with a cost of $18/4oz bottle.

Before you go:
NorthPoint Food Shelf is located at
- 1835 Penn Avenue North, Minneapolis, MN 55411. Street parking only available.
- Phone is 612-767-9500.
- Open Monday – Thursday, 10am – 4pm.
- Entry may be limited due to current COVID protocol.
- Food shelf enrollment required.
- For information about the food shelf visit Community Food Shelf | Northpoint Health and Wellness